

# THE SMUGGLERS KITCHEN

## Lunchtime Menu

### - STARTERS -

**CRISPY BREADED WHITEBAIT** 6.00/11.00  
Served with Garlic Mayonnaise & Baby Leaf Salad.

**SOUP OF THE DAY** 5.50  
Served with Home Made Bread & Butter.

**DUSTED CALAMARI** 6.00/11.00  
With a sweet chilli dipping sauce and baby leaf salad.

### - La Tarte Flambee -

A thin crispy pastry base, topped with crème fraiche, nutmeg, garlic, Gruyere Cheese & Thinly Sliced Shallots

**Goats Cheese & Honey** 8.00

**Garlic Mushroom & Bacon** 8.00

**Prosciutto & Rocket** 8.00

*Perfect as a life lunchtime snack!!!*

### - SIDES -

Rocket & Parmesan Salad 3.00  
Cherry Tomato & Red Onion Salad 3.00  
Salted Skin on Fries 3.00  
Sweet Potato Fries 4.00  
Cheesy Pizza Garlic Bread 6.00

### - FROM THE GRILL -

**10oz RUMP STEAK** 16.50  
Pickled Onion Rings, Garlic Butter, skin on Fries, cherry tomato & Red Onion Salad.

**8oz BURGER** 13.50  
8oz Minced Steak Burger, Seeded Brioche Bun, Melted Monterey Jack Cheese, Smoked Bacon, Baby Gem Lettuce, Red onion Marmalade, Pickled Onion Rings, skin on Fries, cherry tomato & Red Onion Salad.

### - SALADS -

**ASIAN CHICKEN SALAD** 6.00/11.50  
Tender Chicken Breast, Chinese leaf, carrot, Spring Onion, Mint, Coriander, with sweet chilli & peanut dressing, crispy Wontons.

**BAKED GOATS CHEESE** 6.50/12.00  
Pickled Walnuts, Apple & Baby Rocket with Balsamic dressing.

**CRAYFISH & AVOCADO** 7.00/13.00  
Crayfish & Fresh Avocado, baby mixed leaves, Cherry Tomatoes, Red Onion & Mango Dressing.

**CHICKEN & BACON** 6.00/11.50  
Tender Chicken Breast, Smoked Bacon, Baby Leaf Salad, Cherry Tomatoes, Red Onion & Caesar Dressing.

### - FLATBREADS -

Served with Salad Garnish

**CHICKEN & BACON** 8.50  
Chicken breast, smoked bacon, Garlic Mayo & Baby Leaf Salad

**PROSCIUTTO & MOZZARELLA** 7.00  
Italian Prosciutto Ham, Mozzarella Cheese, Red Onion Marmalade, Rocket

**GOATS CHEESE & SPINACH** 7.00  
French Goats Cheese, Red Onion Marmalade, Spinach

**CHICKEN & CHORIZO** 7.50  
Tender chicken Breast, Spanish Chorizo, Membrillo Paste & Rocket

Add Small Fries For 1.50

### - MAINS -

**BEER BATTERED FISH & CHIPS** 12.50  
Skin on Fries, Pea Shoot Salads, Tartare Sauce.

**SMOKED LOUISIANA JAMBALAYA** 15.00  
Chicken, King Prawns, Cod, Chorizo, Smokey Saffron Rice, In a Rich Meat Sauce.

**EXMOUTH MUSSELS** 15.00  
Garlic, Shallots & Cream sauce with Garlic Mayo & Fries

**Seafood Linguine Pasta** 15.50  
Cod, prawns, salmon and mussels, Bound in Linguine Pasta with a white Wine Beurre Blanc Sauce & Aged Parmesan

If you suffer from any food allergy or intolerance please let your server know **WHEN** placing your order!!! We do not list every ingredient on the menu so PLEASE do not presume anything!!!!

While we make every effort to avoid cross contamination we cannot Guarantee any food is FREE FROM any Allergens!